

JUNIOR OLYMPIC DAY – February 27, 2005

- The goal of this day is for the skiers to HAVE FUN while gaining safe and friendly race experience.
- Parent volunteering is essential to the success of this day for the skiers. No volunteer job is especially onerous. Most positions require no experience, just a good attitude and a willingness to help this day be fun for the racers
- Parent volunteers are asked to ensure their children are properly supervised while they are volunteering
- The racing will begin at 11:00 am and 1:00 pm SHARP! Unfortunately latecomers will miss out. This is especially important if the weather is cold, as we will need to minimize the time spent standing around.
- As many parents are helping with volunteering we ask that the leaders please warm up, organize and monitor their group in the lineup at the start.
- Skiers will start at 30-second intervals. Each skier will ski the same course twice; once in the morning and once in the afternoon. The times will be totaled.
- All Challenge Tour, Jackrabbit 1 and 2 races will be the classical technique. The Challenge Tour group will ski the morning and afternoon race using classical technique. In the interest of fairness and ski education we have asked that the course marshals be watchful for violations of the classical technique – particularly at the start and on the hills (herringbone running is permitted on hills, but no skating action). All skiers will be permitted one violation, but subsequent violations will result in 10-second penalties. Please help the kids to understand the rules and learn to start and ski using correct technique. This also applies to passing. **Only if a skier is certain they need to pass can they call “track”. If “track” is called, the front skier will need to step out of the track to the right and allow the faster skier to pass on the left.** We would ask the leaders to teach the kids to listen for the track call and respond appropriately. The marshals are instructed to help the kids “track” correctly if necessary and will penalize only in obviously uncooperative cases.
- We are considering a few options if trails are closed or the snow is poor so be prepared for some last minute course changes. Everyone is requested to perform daily snow dances.
- Could the leaders please provide Sue Wonneck or Jean Wiley (Disturnal) with a list of the skiers in their group ranked according to their anticipated ski times (i.e. fastest to slowest) by Feb 23rd. We will be using this information as well as the 2002 JOD times to place the kids in order so that they will have an opportunity to ski their best. We really want to minimize passing so that faster kids aren't hindered and slower kids aren't demoralized.
- Let's help the kids learn good sportsmanship by supporting their teammates. Lots of cheering and encouragement by all!!

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